# THE HOPE CONNECTION

#### OCTOBER 2024

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## **Gratitude with a Dash of Pumpkin**

NWCASA extends heartfelt gratitude to the Congregational United Church of Christ of Arlington Heights for their incredible generosity in supporting survivors. Earlier this month, church representatives presented a one-time donation of \$30,000 from the proceeds of their property sale, which will go directly toward community services. Additionally, NWCASA is honored to be the recipient of ministry legacy distributions over the next 20 years.

### 2024 Pumpkin Dash 5K:



Sunday, September 29th, NWCASA hosted our third annual Pumpkin Dash 5k in Busse Woods on a perfect fall morning!



## **AGENCY UPDATES CONTINUED...**

### 2024 Pumpkin Dash 5K:









**CLICK HERE TO SEE MORE EVENT PHOTOS!** 

# THANK YOU TO OUR GENEROUS SPONSORS:





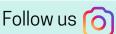


Silly Faces and Fun

The Szabo Family



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# Q1 SERVICE UPDATES AT A GLANCE

139



OF CRISIS HOTLINE CALLS WE RECEIVED

**OF ADVOCACY** HOURS PROVIDED

461



**OF MEDICAL ADVOCACY CALLS** 



OF STUDENTS WHO RECEIVED EDUCATION

456

OF COUNSELING HOURS PROVIDED

"I would not be where I am today without the wonderful people at Northwest CASA"

— 17 year old

Follow us 6

### **AGENCY SPOTLIGHT**

Staff Member: Jamie Blake
Title: Administrative Coordinator
Years of Service: 2

# What keeps you committed to the mission?

Knowing that people are experiencing this pain and these struggles whether I am here to help or not, it feels like everything to answer the phone and be there for someone who needs to be heard in that exact moment. Believing so firmly in this mission makes staying committed feel effortless and like really, really hard work at the same time. To commit to this work, I commit to taking care of me.

If that makes sense?

#### How do you best take care of yourself?

Learning to stay attuned to my emotions, senses, and surroundings almost constantly and then learning how to give myself the patience, love, and space to feel however I need to in those moments has been key for me. I've also got the privilege of feeling like I have safe spaces in work, home, and friendship, so nurturing and investing in those spaces is an act of care that is vital to me.



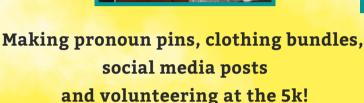
### **COMMUNITY ENGAGEMENT**

Our NOPE (Nextgen On Prevention Education) Ambassadors have been busy supporting NWCASA!













### **Upcoming Events:**

#GivingTuesday and our End of Year Campaign December 3, 2024 - December 31, 2024



\_\_\_\_\_ Trivia Night Coming February 2025



NWCASA Film & Wine Fest Coming April 2025

### Want to Volunteer?

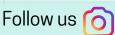
40 Hour Sexual Violence Intervention Training begins January 6, 2025

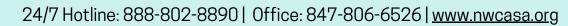


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### **AGENCY NEEDS**

### **Get Involved!**



### NWCASA is Hiring!

Clinical Supervisor

**Prevention Educator** 

Volunteer Opportunities

# JOIN THE BOARD OF DIRECTORS!



### **AGENCY SUPPLY NEEDS:**

#### Clothing for Survivors in the ER:

Sweatshirts\*\*
T-Shirts\*\*
Sweat Pants\*\*
Phone Chargers
Android & Apple
\*\*Men's sizes preferred.

#### Counseling:

Sensory Toys
Coloring Books
Mindfulness Activities

ALL AGENCY SUPPLY NEEDS CAN BE FOUND ON OUR AMAZON WISHLIST!



DONATE







