

THE HOPE CONNECTION

OCTOBER 2024

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Gratitude with a Dash of Pumpkin

NWCASA extends heartfelt gratitude to the Congregational United Church of Christ of Arlington Heights for their incredible generosity in supporting survivors. Earlier this month, church representatives presented a one-time donation of \$30,000 from the proceeds of their property sale, which will go directly toward community services. Additionally, NWCASA is honored to be the recipient of ministry legacy distributions over the next 20 years.

2024 Pumpkin Dash 5K:



THANK YOU TO
OUR
PARTICIPANTS
AND GENEROUS
SPONSORS!

Sunday, September 29th,
NWCASA hosted our third annual
Pumpkin Dash 5k in Busse Woods
on a perfect fall morning!



AGENCY UPDATES CONTINUED...

2024 Pumpkin Dash 5K:



[CLICK HERE TO SEE MORE EVENT PHOTOS!](#)



THANK YOU TO OUR GENEROUS SPONSORS:



Silly Faces and Fun

The Szabo Family



Follow us  

24/7 Hotline: 888-802-8890 | Office: 847-806-6526 | www.nwcasa.org

Q1 SERVICE UPDATES AT A GLANCE

139

OF CRISIS HOTLINE
CALLS WE RECEIVED

303

OF ADVOCACY
HOURS PROVIDED

99

OF MEDICAL
ADVOCACY CALLS

461

OF STUDENTS WHO
RECEIVED EDUCATION

456

OF COUNSELING
HOURS PROVIDED

”

*"I would not be where I am
today without the wonderful
people at Northwest CASA"*

— 17 year old

AGENCY SPOTLIGHT

Staff Member: Jamie Blake
Title: Administrative Coordinator
Years of Service: 2

What keeps you committed to the mission?

Knowing that people are experiencing this pain and these struggles whether I am here to help or not, it feels like everything to answer the phone and be there for someone who needs to be heard in that exact moment. Believing so firmly in this mission makes staying committed feel effortless and like really, really hard work at the same time. To commit to this work, I commit to taking care of me.

If that makes sense?

How do you best take care of yourself?

Learning to stay attuned to my emotions, senses, and surroundings almost constantly and then learning how to give myself the patience, love, and space to feel however I need to in those moments has been key for me. I've also got the privilege of feeling like I have safe spaces in work, home, and friendship, so nurturing and investing in those spaces is an act of care that is vital to me.



COMMUNITY ENGAGEMENT

Our NOPE (Nextgen On Prevention Education) Ambassadors have been busy supporting NWCASA!



Making pronoun pins, clothing bundles, social media posts and volunteering at the 5k!



Upcoming Events:

**#GivingTuesday and our End of Year Campaign
December 3, 2024 - December 31, 2024**

8



**Trivia Night
Coming February 2025**

11



**NWCASA Film & Wine Fest
Coming April 2025**

12

Want to Volunteer?

40 Hour Sexual Violence Intervention Training
begins January 6, 2025

Apply Now

AGENCY NEEDS

Get Involved!



JOIN THE BOARD OF DIRECTORS!



 Northwest Center
Against Sexual Assault



NWCASA is committed to accessibility and inclusion.

NWCASA is Hiring!

Clinical Supervisor

Prevention Educator

Volunteer Opportunities

AGENCY SUPPLY NEEDS:

Clothing for Survivors in the ER:

Sweatshirts**

T-Shirts**

Sweat Pants**

Phone Chargers

Android & Apple

**Men's sizes preferred.

Counseling:

Sensory Toys

Coloring Books

Mindfulness Activities

ALL AGENCY SUPPLY NEEDS CAN BE FOUND ON OUR AMAZON WISHLIST!



DONATE

