

HAVING THE TALKS: PORN

KEY MESSAGE 1

Porn is common on the internet.

It's not your fault if you stumble upon porn. It's really easy to find it intentionally or come across it accidentally.

Most kids will stumble upon porn on the internet at some point, usually by accident.

KEY MESSAGE 2

Being curious about porn is normal.

It's really common for kids to be curious and try to find pictures of naked people or sex.

Porn is basically sex on camera, and that's not something you see on everyday TV, so it probably feels like something you shouldn't be watching and also feels exciting. That's totally normal.

Part of the reason people are curious about porn is that oftentimes there is weird behavior happening in porn...like people doing strange things to one another—it is complete fantasy.

KEY MESSAGE 3

The images in porn are not realistic.

Porn often shows white, heterosexual people as the ideal, which can be damaging to those who don't identify in those ways.

Porn often shows girls and women in a subservient role — usually only to give men pleasure — which is not how sexual relationships should be in real life. A healthy sexual relationship is when things are equal and both people give and receive pleasure.

One of the problems with porn—and how unrealistic it is—is that it can give people the wrong idea about what sex is really like or how most people look when they are naked. Thanks to plastic surgery and special effects, it's like watching a car chase and thinking that's how typical people drive.

Porn sends the false messages that bigger (and longer) is better when it comes to breasts, penises or the duration of an erection.

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