# ABOUT NORTHWEST CENTER AGAINST SEXUAL ASSAULT



Northwest Center Against Sexual Assault (Northwest CASA) has been serving the needs of survivors of sexual violence and their significant others for more than 35 years.

Northwest CASA is the only non-profit, full-service agency covering the north and northwest suburbs of Cook County, that is entirely devoted to serving sexual assault survivors and their partners, friends and families.

Our agency offers a variety of **free and confidential** services which include:

- Counseling for survivors and significant others
- Prevention, community education, and training
- 24 hour advocacy at area police stations, courts, and hospitals
- 24 hour sexual assault crisis hotline

#### communities served

arlington heights barrington bartlett buffalo grove des plaines elk grove village evanston glencoe glenview golf hanover park hoffman estates inverness kenilworth lincolnwood morton grove mount prospect niles northbrook northfield palatine park ridge prospect heights rolling meadows schaumburg skokie streamwood wheeling wilmette winnetka

serving survivors of sexual violence and their significant others



## northwest casa

NORTHWEST CENTER AGAINST SEXUAL ASSAULT



415 west golf road suite 47 arlington heights illinois 60005

847 806 6526 phone 847 806 6531 fax www.nwcasa.org email: office@nwcasa.org

northwest casa 24 hour crisis hotline 888 802 8890



### advocacy

Medical advocacy is available to clients 24 hours a day, 7 days a week at hospital emergency rooms and police departments in north and northwest suburban Cook County. Staff, interns, and trained volunteers respond inperson to offer emotional support, provide information, and give referrals to victims and their significant others. Legal advocacy is available to clients seeking emotional support and information regarding legal issues.

## crisis intervention

The hotline provides crisis intervention 24 hours a day, 7 days a week. Trained staff or volunteers will take your calls and answer your questions or discuss your feelings with you. Northwest CASA's 24 Hour Crisis Hotline phone number is 888 802 8890.

#### counseling

Client-centered counseling is available to sexual abuse or sexual assault survivors and significant others. Clients may participate in individual, family, or group services.

Northwest CASA's counseling is designed to provide emotional support to help clients regain a sense of control over their lives and heal from the trauma. Special attention is given to clients' diversity while assisting people work through trauma-related issues. Services are provided to Spanish-speaking clients.

#### **CHILDREN AND YOUTH**

The children and youth program is for kids aged 3 years through 17 years old. Specialized counseling uses play and expressive therapies to help children and youth heal from their sexual abuse experiences.



#### prevention

Various community education programs are available for preschool to college age students and adult community members. Age appropriate topics include personal safety, bullying, sexual harassment, healthy relationships, and sexual assault. Programs are easily tailored for specific populations' needs and mostly focus on information and prevention.

# clothesline project

The Clothesline Project is a visual display of t-shirts created by survivors and significant others of sexual and physical violence. This program is a national project that Northwest CASA has joined. Most t-shirts were created by area high school and college students who disclosed their own victimization. Northwest CASA has over 600 t-shirts made by survivors. The Clothesline Project helps raise awareness and promotes support for survivors.

## professional training

Staff provide training to health care professionals, social service providers, teachers and faculty at local schools and colleges, and community groups. Trainings are also available for police and hospital staff.

Topics can include rape trauma syndrome, child sexual abuse, date rape drugs and societal myths about sexual violence among others.